



Greene County Public Health

Melissa Howell MS, MBA, MPH, RN, REHS, Health Commissioner

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Press Release

For Immediate Release

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Community Invited to *Screenagers: Elementary Edition* Free Movie Screening: Exploring the Impact of Tech & Screen Time on Young Minds

YELLOW SPRINGS, OHIO – Do you want to learn some practical strategies for cultivating healthy tech habits and achieving balance in your children in an increasingly screen-dominated world? Join members of the Greene County Disconnect to Connect Coalition for a free movie screening of *Screenagers: Elementary School Age Edition* on **April 22, 2025, from 6:00 p.m. to 8:00 p.m. at the Greene County Educational Service Center, located at 360 E. Enon Rd., Yellow Springs, Ohio.**

In today's digital age, it's increasingly common for children to spend several hours a day in front of screens, whether for school, socializing, or entertainment. But what does this prolonged screen time mean for their development?

Physician and filmmaker Dr. Delaney Ruston, who became concerned after noticing her own children's excessive screen time, has taken a deeply personal approach to examining the challenges families face in balancing technology use. In this poignant film, Dr. Ruston dives into the vulnerabilities of family life to explore struggles with social media, video games, academics, and internet addiction, all while questioning the impact of screens on young minds.

Through interviews with authors, psychologists, and brain scientists, *Screenagers: Elementary School Age Edition* sheds light on how screen time affects children's brain development, providing valuable insights into empowering both children and parents to navigate the digital world.

This **FREE** movie screening will take place on **April 22, 2025, from 6:00 p.m. to 8:00 p.m. at the Greene County Educational Service Center, located at 360 E. Enon Rd., Yellow Springs, Ohio.** The film will be shown from 6:00 to 7:00 p.m., followed by a discussion. Light refreshments will be available. This event is **free** and **open to the public**, particularly parents, educators, and anyone interested in learning about the impact of screen time on children. Parents are encouraged to attend with their children, aged 8 to 12 years old. This is also an excellent opportunity for educators, and we hope they will seize this chance to join parents in viewing this movie.

Contact hours and certificates will be available to all registrants, including children. Students will receive a

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certificate they can present at school the following day. Teachers may also choose to tie activities to the event and offer extra credit to students who attend.

The film not only explores the impact of screen time on children but also offers valuable solutions for fostering healthier relationships with technology at home and in schools. Don't miss this opportunity to gain a deeper understanding of the challenges and solutions surrounding children's use of technology.

Event Details:

- **Date:** April 22, 2025
- **Time:** 6:00 PM - 8:00 PM
- **Location:** Greene County Educational Service Center, 360 E Enon Rd, Yellow Springs, Ohio
- **Admission:** Free
- **Registration:** Please register at [this link](#)

For more information, please get in touch with Terry Streiter, Superintendent, Greene County Educational Service Center, at 937-767-1303 or via email at tstrieter@GreeneESC.org.

About the Film:

Screenagers: Elementary School Age Edition is directed by Dr. Delaney Ruston, a physician and filmmaker who has spent years exploring the impact of technology on children's mental health. The film is a continuation of her previous work with *Screenagers*, which delves into the digital lives of teenagers. Through candid interviews and expert insights, the film offers a compassionate and practical guide to understanding how technology shapes the lives of younger generations.

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