



When to wash hands:

- ◆ Before starting work
- ◆ Before preparing foods
- ◆ Before putting on gloves
- ◆ Before handing clean dishes/utensils
- ◆ When changing tasks
- ◆ When returning to your work station
- ◆ After:
 - Using the bathroom
 - Using tobacco products, eating or drinking
 - Breaks
 - Handling raw foods
 - Coughing, sneezing, or blowing your nose
 - Touching any part of your body or clothes
 - Taking out the trash
 - Handling dirty dishes/utensils
 - Picking up something off the floor
 - Cleaning, sanitizing, using wiping cloths
 - Touching money

