



**Public Health**  
Prevent. Promote. Protect.

**Greene County**

## CMH News

*The **Complex Medical Help (CMH)** program is an Ohio Department of Health (ODH) program that is offered by Greene County Public Health. CMH connects families of children with special health care needs to a public health nurse (PHN) and a network of quality providers. The program works like a back-up insurance plan and helps families obtain payment for the services their child needs.*

### \*\*\*\* ANNOUNCEMENT\*\*\*\*

The Ohio Department of Health has made some updates to our program, including a name change. CMH, previously known as Children with Medical Handicaps, is now the **Complex Medical Help** program. This is to reflect the increase in age cap for treatment plan eligibility to assist young adults until the age of 25.

Spring provides each of us with a multitude of health benefits! After the long dark days of winter, the sun comes out for longer periods of the day, providing us each with vitamin D for bone and immune health. The sun also can increase serotonin improving mood regulation. Warmer temperatures provide a more comfortable opportunity to get outside, increasing physical activity which reduces stress and anxiety. Spring is often associated with a fresh start, providing an opportunity to create better habits, better physical and mental well-being.

So get outside, get some sunshine, breathe the fresh air, and stay safe!



**Your Greene County CMH Public Health Nurses are:**

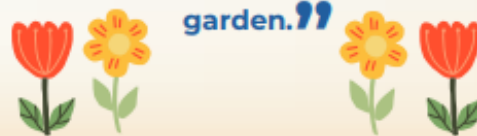
- Susie (937) 308-7010
- Stephanie (937) 805-9032

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### Message of Hope

“Every child is a different kind of flower that altogether make this world a beautiful garden.”



### CMH Mission:

To ensure, through the development and support of high quality, coordinated systems, that children with special health care needs and their families obtain comprehensive care and services that are family centered, community based and culturally sensitive.



# 2025 National Poison Prevention Week

## is March 16-22, 2025

Spring is a the time. The sun is shining, and the temperatures are getting warmer. We begin cleaning out the cupboards, the closets and the garage where many household dangers await. We want you to be prepared if the worst happens.

Some poisons include, but are not limited to:


- Prescription medications
- Over the counter medications
- Household cleaners
- Laundry detergent
- Fertilizers
- Mushrooms
- Hand Sanitizers
- Liquid Nicotine
- Synthetic cannabinoids
- Carbon Monoxide
- Uncooked, improper stored foods

Some good practices to minimize risk for poisonings:

- Keep all medications, and cleaning products stored in their original containers up and out of reach.
- Review the label of every mediation, cleaner or potentially hazardous product prior to use.
- Never Mix cleaning products or chemicals
- Get carbon monoxide detectors for your home

Call **1-800-222-1222** for any concerns.

They are available 24/7, 365 days a year.

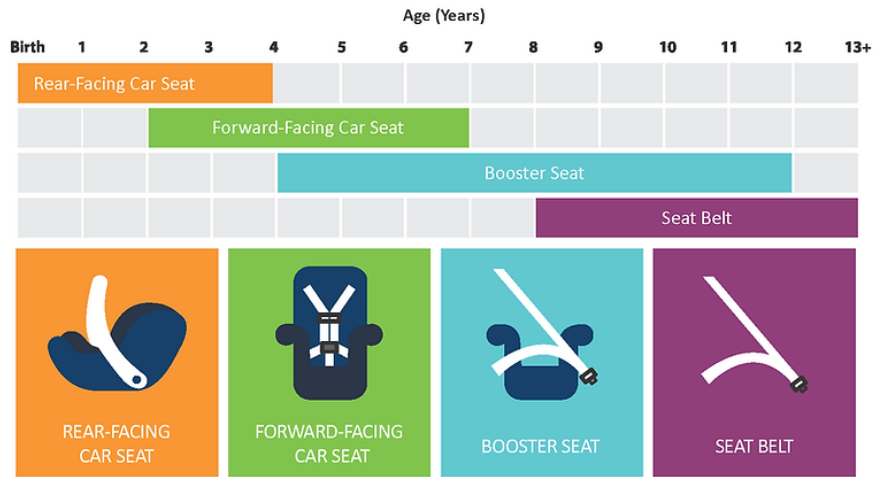
| FIRST AID FOR POISONINGS                                 |   |  |
|--|---|--|
| If   | Do  | Call   |
| Swallowed the <b>wrong medicine</b> or too much medicine | Bring the person and the poison to the phone if possible and call ...                               | <br>To reach a poison center closest to you |
| Inhaled a poison   | Get to fresh air right away and call ...  |  |
| Poison in the <b>eyes</b>                                | Start rinsing the eyes with running water and call ...  |  |
| Poison on the <b>skin</b>                                | Take off any clothing touched by the poison. Start rinsing the skin with running water and call ... |  |
| Swallowed something that is <b>not food or medicine</b>  |   |  |
| Someone collapsed, having seizures or stopped breathing  |   | <b>911</b><br>or your local emergency number   |

Check out these websites for more: [NPPW 2024](#)

[Home](#) | [Poison Help](#)

## Is your child in the right car seat?

- Leave your kiddo rear facing as long as the manufacture of your car seat allows based on your child's height and weight.
- Children who have outgrown a rear facing car seat should remain in a forward facing seat with a harness up to the highest height and weight allowed by the car seat.
- Children should be at least 4' 9" to safely use a seat belt with no booster seat.
- The car seat should not wiggle more than 1" at the belt path.
- Car seats expire, check the labels on the seat.
- It is recommended children sit in the back seat until at least age 13.



*If you are in need of a car seat for your child, or would like to have a car seat safety check, reach out Dayton Children's safety program at 937-641-3700.*

[Car Seat Safety | Green Bay | Center for Childhood Safety](#)

[Dayton Children's car seat safety program FAQ's | Dayton Children's Hospital](#)

# Positive Parenting



Free, informal 30 minute virtual session.

**Registration NOT required**

To join click or copy and paste the following link into your browser:

<https://zoom.us/j/97049694203>

## March — Raising Resiliency: Uplifting Families

- Tuesday March 25th at 8AM
- Thursday March 27th 1PM

## April — Green time: Focusing on Being Outside

- Tuesday April 8th at 8AM
- Thursday April 10th at 1PM
- Tuesday April 22nd at 8AM
- Thursday April 24th at 1 PM

## May – Celebrating Achievements: Big and Small

- Tuesday May 13th at 8 AM
- Thursday May 15th at 1PM
- Tuesday May 27th at 8AM
- Thursday May 29th at 1 PM

**FOR MORE INFORMATION CONTACT  
ECMHTEAM@GREENESC.ORG**

# Other CMH Providers in this area

*When scheduling with a provider for your approved services, please double check that they still accept CMH. Unfortunately, changes do occur from time to time. If you need help finding a medical provider, give us a call.*



## PEDIATRICIANS

### **Pediatric Association of Dayton**

937-320-1950 (Beavercreek)

937-832-7337 (Englewood)

937-436-2866 (Kettering)

### **Prime Med**

937-320-3888 (Beavercreek)

### **Ohio Pediatrics**

937-236-5396 (Dayton)

937-299-2339 (Kettering)

## VISION

### **DCH Ophthalmology**

937-641-3000

### **Dayton Eye Association**

937-320-2020 (Beavercreek)

### **Bloom Family Eye Care**

937-723-7772

## GLASSES

### **Clarkson Eyecare (Milford ONLY)**

513-831-3166

### **Pediatric Ophthalmology**

### **Associates (Columbus)**

614-224-6222

## THERAPY SERVICES

### **ABC Pediatrics**

937-427-9200

### **Novacare (Columbus)**

937-320-9131

### **Synergy Family Therapies**

937-428-6273

## PEDIATRIC DENTISTS

### **Centerville Pediatric Dentistry**

937-582-0430

### **ABC Dental (Huber heights)**

937-938-7678

### **Beavercreek Pediatric Dentistry**

\*\*accepts CMH as secondary only\*\*

937-426-2653

## Orthodontist

### **Orthodontics Association-Lima**

419-229-8771

## DURABLE MEDICAL EQUIPMENT

**Kaup**– 1-866-526-0976

**Byram**– 1-800-303-2273

### **Pediatric Home Service**

614-790-0200

### **Hanger Clinic**

937-228-5462

### **Activ Styles**

1-800-651-6223

### **Fidelity Orthopedics**

937-228-0682

### **American Orthopedics**

937-342-0150

**\*Not every child with a CMH LOA has prescription benefits, but for those who do, the pharmacy benefit information is:**

Group# ohchildren

BIN# 610084

PCN: drbcprod

**Please call your PHN with any questions.**



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**Department of Health**

Children with Medical Handicaps